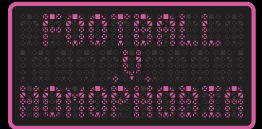


**LET'S KICK
HOMOPHOBIA
OUT OF FOOTBALL**



FOOTBALL FOR EVERYONE

WHAT YOU CAN DO TO CHALLENGE DISCRIMINATION AGAINST LGBTQ+ PEOPLE

- ✓ **Think about the words you use and take care not to use language that discriminates.**

Homophobic, transphobic or sexist language is damaging. It puts people down and can affect their self confidence.

- ✓ **Always challenge homophobic, transphobic or sexist language where you can**

If you feel safe, always challenge language or behaviour that puts LGBTQ+ people down. If you don't feel safe to challenge, tell a coach or other staff member. Remember, saying nothing only allows prejudice and discrimination to get worse.

- ✓ **Support campaigns like Football v Homophobia**

Be visible in your support of LGBTQ+ people. Campaigns like Football v Homophobia can be a great way of letting people know that you care.

- ✓ **Be aware that not all LGBT+ people are visible**

Just because you can't always tell if someone is LGBTQ+, it doesn't mean that LGBTQ+ people don't exist in Football.

- ✓ **Lead by example**

Don't follow others for laughs. Be your own person. Anti-LGBTQ+ language and jokes are not just banter. They put people down, affect their self esteem and can make them feel isolated.

- ✓ **Spread a message of respect for everyone**

Speak out about wanting everyone to feel welcome in the game. You can have a massive impact on the wellbeing of other players by your actions. If other players look up to you, use your authority to make a positive difference.

- ✓ **Challenge stereotypes**

Because no one should be making lazy generalisations about any group of people.

